



7.2.1: Describe two Institutional Best Practices as per the NAAC format provided in the Manual

Best Practice I: A mentor-mentee program that incorporates SWOT (Strengths, Weaknesses, Opportunities, Threats) analysis can be a powerful tool for personal and academic growth in a college setting. Here's a detailed outline of this practice:

Objective

To provide a structured and supportive environment where students can receive personalized guidance and develop self-awareness through SWOT analysis, enhancing their academic performance, personal growth, and career readiness.

Context

The mentor-mentee system is implemented to bridge the gap between students and faculty, offering personalized support and guidance. The inclusion of SWOT analysis allows students to systematically evaluate their strengths and weaknesses and to identify opportunities for growth and potential threats to their success. This practice is especially relevant in a college setting where students are navigating complex academic, social, and career challenges.

Practice

- 1. Mentor-Mentee Pairing:**
 - Students are paired with faculty mentors based on their field of study and personal interests. This pairing aims to build a strong, trusting relationship.
- 2. Initial SWOT Analysis:**
 - During the initial meetings, mentors guide students through a SWOT analysis exercise, encouraging them to reflect on:
 - **Strengths:** Personal attributes, skills, and achievements.
 - **Weaknesses:** Areas needing improvement, academic struggles, personal challenges.
 - **Opportunities:** Available resources, academic/career opportunities, extracurricular activities.
 - **Threats:** External obstacles, time constraints, potential academic or personal issues.
- 3. Goal Setting:**
 - Based on the SWOT analysis, mentors help students set realistic short-term and long-term goals, creating a personalized development plan.
- 4. Regular Meetings:**



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- Regular mentor-mentee meetings are scheduled to monitor progress, update the SWOT analysis, and adjust goals as needed.
5. **Workshops and Resources:**
- Mentors organize or recommend workshops, seminars, and resources that align with the student's SWOT analysis results, such as time management workshops, career counseling sessions, or stress management seminars.

Evidence of Success

1. **Improved Academic Performance:**
 - Students involved in the program show improved grades and academic engagement due to personalized guidance and structured goal setting.
2. **Enhanced Self-Awareness and Personal Growth:**
 - Regular use of SWOT analysis fosters self-awareness, helping students understand their strengths and areas for improvement, leading to personal and academic growth.
3. **Increased Participation in Extracurricular Activities:**
 - Students are more proactive in engaging with opportunities such as internships, clubs, and competitions that align with their identified strengths and interests.
4. **Higher Retention and Graduation Rates:**
 - Personalized mentorship has shown to increase student satisfaction and commitment, leading to higher retention and successful graduation rates.

Problems Encountered

1. **Resistance to Participation:**
 - Some students may be reluctant to engage in the program due to a lack of understanding of its benefits or personal reluctance to share personal challenges.
2. **Misalignment of Expectations:**
 - Differences in expectations between mentors and mentees regarding the nature and frequency of meetings can lead to disengagement.

By addressing these challenges and refining the program, the mentor-mentee system with SWOT analysis can be an effective strategy for enhancing student development and academic success.



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Best Practice II : LOW COST TREATMENT

Objective

To provide affordable, holistic healthcare services using homeopathic medicine to the local community, ensuring accessibility and promoting the effectiveness of homeopathy in treating various health conditions. The initiative also aims to offer practical training opportunities for students, allowing them to gain real-world experience in patient care while adhering to the principles of homeopathic treatment.

Context

Homeopathic treatment is often seen as a complementary or alternative medicine, but its affordability and minimal side effects make it a viable healthcare option for many. A homeopathy college can play a significant role in promoting this practice, particularly for underserved populations who might not have access to conventional medical treatment due to financial constraints. By adopting low-cost treatment practices, the college can extend its services to a broader section of society, while also fostering a deeper understanding and acceptance of homeopathy.

Practice

1. Community Clinics and Camps:

- The college organizes regular homeopathic medical camps and operates community clinics in various locations where consultations and basic treatments are provided at a low cost or for free. Students, under the supervision of experienced faculty, offer these services, making it both a community service and an educational exercise.

2. Free Initial Consultations:

- Initial consultations are often provided free of charge, allowing patients to understand their health conditions and the potential benefits of homeopathic treatment before committing to a full treatment plan.

3. Affordable Medication:

- Homeopathic medicines, which are generally less expensive than conventional drugs, are provided at minimal cost. The college may also collaborate with pharmacies or dispensaries to supply medicines at subsidized rates.

4. Health Awareness Programs:

- The college conducts health awareness programs focusing on the benefits of homeopathy, preventive care, and lifestyle modifications. These programs aim to educate the community, reducing the overall burden of disease and the need for more intensive treatments.

5. Student and Faculty Involvement:



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- Students actively participate in patient care under faculty supervision, which helps reduce operational costs and provides hands-on learning experiences. Faculty members oversee the treatment process to ensure adherence to homeopathic principles and high standards of care.
- 6. Collaboration with NGOs and Government Programs:**
 - The college partners with non-profit organizations and government healthcare programs to extend its reach and obtain funding, resources, or subsidies for providing low-cost treatment.

Evidence of Success

- 1. Increased Patient Outreach:**
 - There has been a significant increase in the number of patients seeking treatment at the college's clinics and camps, indicating the community's acceptance and trust in the college's services.
- 2. Improved Health Outcomes:**
 - Patients have reported positive health outcomes, particularly in the management of chronic conditions, allergies, and lifestyle-related diseases, demonstrating the efficacy of homeopathic treatment.
- 3. Enhanced Community Engagement:**
 - The college has received positive feedback from the community, with many patients expressing appreciation for the affordable and effective healthcare services provided.
- 4. Student Skill Development:**
 - Students have gained valuable experience in clinical practice, patient interaction, and case management, enhancing their skills and confidence in homeopathic practice.
- 5. Recognition and Awards:**
 - The college has received recognition from local healthcare bodies and organizations for its commitment to providing low-cost healthcare and promoting homeopathy.

Problems Encountered

Though we are trying to give low cost treatment, During camps we have certain time limit to approach the patient, so it was not possible to take a detail history of every patient. For camps we needed medicines, we were unable to take some medical instruments at the locations where the camps were held, we needed the authority permission letter from the head person of the village so we need to prepare for it few days prior the camp.

By addressing these challenges through careful planning, resource management, and continuous community engagement, the homeopathy college can sustain its low-cost treatment initiative and continue to make a positive impact on public health.




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